



# Fuel EX **SUSPENSION SETUP GUIDE**

Fuel EX 7, 8, 9, 9.8, 9.9		
Model	Fox RP2 / RP23	
Travel (mm)	120	
Stroke (mm)	50	
Sag (%)	25	
Sag (mm)	12	
Rider (lbs./kg)	Spring (psi)	Rebound clicks out
100/45	50	7
110/50	60	
120/55	70	
130/59	80	
140/63	90	
150/68	100	5
160/73	110	
170/77	120	
180/82	130	
190/86	135	
200/90	145	3
210/95	160	
220/100	165	
230/104	175	
240/109	185	
250/113	195	

Sag measurements and air pressure adjustments must be made with ProPedal lever in the OFF position.  
For further instruction, see fork and shock owner's manual.

Follow these steps to optimize the performance of your Trek Full Suspension Mountain Bike:

- 1) Determine rider weight (individual weight plus riding gear).
- 2) Apply initial pressure and settings as indicated in chart.
- 3) Install Trek Sag Meter (included with bike purchase).  
*If you cannot locate your sag meter, skip ahead to step 4.*
- 4) Straddle the bike without bouncing up and down.
- 5) Slide the o-ring to the top of the shock shaft.
- 6) Dismount bike.
- 7) If o-ring falls within sag meter's window, or if o-ring is within recommended sag measurement, you're ready to ride.
- 8) If the o-ring falls outside of that window, or is greater or less than recommended measurement, add or subtract pressure as needed.



Fox RP23

